

**W**elcome to the Siddha Yoga Meditation Centre in Pickering. Siddha Yoga Meditation is an ancient spiritual tradition passed on through a lineage of Self-realized masters known as Siddhas, or perfected ones. Swami Chidvilasananda, also known as Gurumayi, is the living head of this lineage. Siddha Yoga welcomes everyone with respect and love.

## Regular Satsangs

**Satsang:**  
**Friday evenings, 8:00 to 9:30 PM**

Satsang means “the company of the Truth”. These Satsangs include the Siddha Yoga practice of chanting and meditation, as well as listening to the Guru’s words through readings and recorded talks. Each satsang helps us to incorporate the teachings of Siddha Yoga in our daily lives.

**Shri Guru Gita:**  
**Last Sunday morning each month, 10:00 to 11:30 AM**

*Shri Guru Gita* is an ancient Sanskrit hymn describing the Guru-disciple relationship and its supreme role in the attainment of Self-realization. Called the one indispensable text of Siddha Yoga, *Shri Guru Gita* or “*Song of the Guru*” is chanted daily in Siddha Yoga ashrams, and regularly in centres and homes of Siddha Yoga students worldwide.

## Siddha Yoga Events

**Mahashivaratri** - On this night of Shiva, we honour God within us by chanting the great mantra of the Siddha Lineage, Om Namah Shivaya, which means, “I honour my own inner Self”. On this night each repetition is said to equal the merit of a thousand repetitions, magnifying the purification and blessings of the mantra to all who participate. *Friday, February 21st Satsang 8:00 PM to 9:30 PM (the actual day)*

**Swami Muktananda’s Birthday** - May is known as “Baba’s month” when we celebrate, joyously giving thanks for his gift of the Siddha Yoga path. We rejoice with two events:  
*A Celebration Satsang Friday, May 1st; 8:00 to 9:30 PM - (the actual Lunar Birthday Thursday, May 7th)*  
*And The SIDDHA YOGA Audio Satsang in celebration of Baba Muktananda’s Birthday, Sunday May 31st; 1:00 to 3:30 PM At the TORONTO CENTRE (registration required)*

**Gurumayi Chidvilasananda’s Birthday** - As Siddha Yoga students we spend this day honouring our Guru, Gurumayi Chidvilasananda, head of the Siddha Yoga lineage. It is a day to celebrate the rare presence on earth of a living Guru – one who awakens the spiritual energy of a seeker and lovingly guides Siddha Yoga students in their spiritual practice. *The Celebration Satsang Friday, June 19<sup>th</sup> 8:00 to 9:30 PM - (the actual day Wednesday, June 24<sup>th</sup>)*

**Gurupurnima** - The full moon of the Guru; its luminous brilliance and perfect form are seen as expressions of the Guru’s gift of grace and the attainment of Self-realization. On this most auspicious day we offer our gratitude. *Friday July 3rd; Satsang 8:00 to 9:30 PM - (the actual Gurupurnima, Saturday, July 4th)*

**Baba Muktananda’s Lunar Mahasamadhi** – We honour Swami Muktananda’s Mahasamadhi – the final merging of a great being with supreme consciousness. This is a significant day in Siddha Yoga as we honour this great Siddha with joyful celebration and gratitude for his blessing of bringing Siddha Yoga Meditation to the world. We will celebrate on **Friday, October 2nd; 8:00 to 9:30 PM - (the actual lunar anniversary, Saturday, October 31st)**

# Siddha Yoga Meditation Centre in Pickering

*January – December 2020*



**Siddha Yoga Meditation Centre in  
Pickering**  
764 Stonepath Circle, Pickering, Ontario  
L1V 3T1  
(905) 839-4693.

Canadian site: [www.siddhavoga.ca](http://www.siddhavoga.ca)  
Global Site: [www.siddhavoga.org](http://www.siddhavoga.org)

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## January

Wed 1 *Sweet Surprise*® 2020 via Live Video Stream via the Siddha Yoga Path website  
10:30 AM to 12:00 Noon Approximately (registration required)  
**AT THE TORONTO CENTRE**  
Cohosted by the Pickering Centre

## February

Fri 14 Satsang  
8:00 – 9:30 PM

Fri 21 Mahashivaratri Celebration Satsang  
8:00 – 9:30 PM

Sun 23 *Shri Guru Gita*  
10:00 – 11:30 AM

Fri 28 Satsang  
8:00 – 9:30 PM

## March

Fri 6 Satsang  
8:00 – 9:30 PM

Fri 13 Satsang  
8:00 – 9:30 PM

Fri 20 Satsang  
8:00 – 9:30 PM

Fri 27 Satsang  
8:00 – 9:30 PM

Sun 29 *Shri Guru Gita*  
10:00 – 11:30 AM

## April

Fri 3 Satsang  
8:00 – 9:30 PM

Fri 10 Satsang  
8:00 – 9:30 PM

Fri 17 Satsang  
8:00 – 9:30 PM

Fri 24 Satsang  
8:00 – 9:30 PM

Sun 26 *Shri Guru Gita*  
10:00 – 11:30 AM

## May

Fri 1 Baba Muktananda's Lunar Birthday Celebration Satsang  
8:00 – 9:30 PM

Fri 8 Satsang  
8:00 – 9:30 PM

Fri 15 Satsang  
8:00 – 9:30 PM

Fri 22 Satsang  
8:00 – 9:30 PM

Sun 24 SIDDHA YOGA Audio Satsang in celebration of Baba Muktananda's Birthday  
1:00- 3:30 PM (registration required)  
**AT THE TORONTO CENTRE**  
Cohosted by the Pickering Centre

Fri 29 Satsang  
8:00 – 9:30 PM

Sun 31 *Shri Guru Gita*  
10:00 – 11:30 AM

## June

Fri 5 Satsang  
8:00 – 9:30 PM

Fri 12 Satsang  
8:00 – 9:30 PM

Fri 19 Gurumayi's Birthday Celebration Satsang  
8:00 - 9:30 PM

Fri 26 Satsang  
8:00 – 9:30 PM

Sun 28 *Shri Guru Gita*  
0:00 – 11:30 AM

## July

Fri 3 Gurupurnima Celebration Satsang  
8:00 – 9:30 PM

Fri 10 Satsang  
8:00 – 9:30 PM

The Pickering Centre will be closed from Saturday July 11<sup>th</sup> up to and including Thursday, September 3<sup>rd</sup> and will reopen on Friday, September 4<sup>th</sup>

## September

Fri 4 Satsang  
8:00 – 9:30 PM

Fri 11 Satsang  
8:00 – 9:30 PM

Fri 18 Introduction to Siddha Yoga Meditation  
8:00 – 9:30 PM

Fri 25 Satsang  
8:00 – 9:30 PM

Sun 27 *Shri Guru Gita*  
10:00 – 11:30 AM

## October

Fri 2 Baba Muktananda's Lunar Mahasamadhi Celebration –  
8:00 – 9:30 PM

Fri 9 Satsang: Preparation for the Shaktipat Intensive - 8:00 – 9:30 PM

Fri 16 Satsang  
8:00 – 9:30 PM

Sat 17 Siddha Yoga SHAKTIPAT INTENSIVE In Honour of Baba Muktananda's Mahasamadhi (registration required)  
**AT THE TORONTO CENTRE**  
Cohosted by the Pickering Centre

Fri 23 Satsang  
8:00 – 9:30 PM

Sun 25 *Shri Guru Gita*  
10:00 – 11:30 AM

Fri 30 Satsang  
8:00 – 9:30 PM

## November

Fri 6 Satsang  
8:00 – 9:30 PM

Fri 13 Satsang  
8:00 – 9:30 PM

Fri 20 Satsang: Home Study Course –  
8:00 – 9:30 PM

Fri 27 Satsang  
8:00 – 9:30 PM

Sun 29 *Shri Guru Gita*  
10:00 – 11:30 AM

## December

Fri 4 Satsang  
8:00 – 9:30 PM

The Pickering Centre will be closed from Saturday, December 5<sup>th</sup> 2020 up to and including Thursday, February 11<sup>th</sup> 2021 and will reopen on Friday, February 12<sup>h</sup> 2021