

Siddha Yoga® Meditation Centre in Montreal

FEBRUARY NEWSLETTER 2024

Dear Siddha Yogis,

Let us join together in wishing a most generous welcome to the month of February! The year 2024 began under favorably auspicious signs. We received a great boon at the New Year with a *Sweet Surprise*® and the very inspiring message from Gurumayi for the year: <https://www.siddhayoga.org/teachings/gurumayis-teachings-for-2024/message>.

We also celebrated the 52nd anniversary of the recitation of *Shri Guru Gita* and the holiday of Makara Sankranti dedicated to Surya Devata, the sun God which nourishes and sustains all life on our planet.

February will bring a month of changes to the Siddha Yoga Meditation Centre in Montreal. It is our desire to mark this month under the sign of gratitude and benevolence. The renovations are scheduled to begin in mid-February; it is important to note that the activities at the Centre will be maintained during the work.

On Saturday, February 10th the *satsang* will conclude with the chanting of Gurudeva Hamara Pyara, with the intention of offering our gratitude to this space which has welcomed us for the past eight years. There will also be an evening of chanting and meditation on Saturday, February 24th. Of course we will continue the recitation of *Shri Guru Gita* every Sunday at 10:00 a.m., preceded by meditation at 9:30.

The Family *satsang* this month will take place on Sunday, February 25.

Since we are faced with the need to reduce the dimensions of the space that we will occupy, many articles belonging to the Centre are being offered for sale, such as kitchen utensils, the large wooden cutting table, recipe books, flower pots, candle-holders, etc. We will also be selling tables and chairs from the amrit, a wooden armoire, a conference table as well as a few chairs from the meditation hall.

Towards the middle of February there will be a sale of sacred objects such as miniature *padukas*, *puja* cloths and other items. When you visit the Centre, we invite you to take a look at the objects on display and take advantage of the many articles on offer.

Please note that the official tax receipts for donations to the Centre will be mailed in mid-February. THANK YOU immensely to all of you who contribute financially to the life of the Centre.

For further information concerning our activities, the renovations and sales, please contact us by telephone at (514) 735-4494 or by email at: centre_montreal@siddhayoga.ca

We wish you a lovely month of February filled with gratitude and love.

Cordially,

The Steering Committee
Louisette Chabot,
Nicole Comeau
France Jolicoeur

**Schedule of Events
February 2024**

Sunday 4 February
9:30 a.m. Meditation
10:00 a.m. Recitation of *Shri Guru Gita*

Saturday 10 February
7:30 – 9:00 p.m. *Satsang*

Sunday 11 February
9:30 a.m. Meditation
10:00 a.m. Recitation of *Shri Guru Gita*

Sunday 18 February
9:30 a.m. Meditation
10:00 a.m. Recitation of *Shri Guru Gita*

Saturday 24 February
7:30 – 9:00 p.m. Evening of chanting and Meditation

Sunday 25 February
9:30 a.m. Meditation
10:00 a.m. Recitation of *Shri Guru Gita*
11:45 a.m. Family *Satsang*

Retreats, satsangs, Shaktipat Intensives as well as other Teaching and Learning Events are subject to change without notice. Additionally, we reserve the right to correct any inaccurate information and/or inconsistencies.

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