

# Siddha Yoga Meditation Centre in Pickering

*January – December 2019*

**W**elcome to the Siddha Yoga Meditation Centre in Pickering. Siddha Yoga Meditation is an ancient spiritual tradition passed on through a lineage of Self-realized masters known as Siddhas, or perfected ones. Swami Chidvilasananda, also known as Gurumayi, is the living head of this lineage. Siddha Yoga welcomes everyone with respect and love.

## Regular Satsangs

**Satsang:**  
**Friday evenings, 8:00 to 9:30 PM**

Satsang means “the company of the Truth”. These Satsangs include the Siddha Yoga practice of chanting and meditation, as well as listening to the Guru’s words through readings and recorded talks. Each satsang helps us to incorporate the teachings of Siddha Yoga in our daily lives.

**Shri Guru Gita:**  
**Last Sunday morning each month, 10:00 to 11:30 AM**

*Shri Guru Gita* is an ancient Sanskrit hymn describing the Guru-disciple relationship and its supreme role in the attainment of Self-realization. Called the one indispensable text of Siddha Yoga, *Shri Guru Gita* or “*Song of the Guru*” is chanted daily in Siddha Yoga ashrams, and regularly in centres and homes of Siddha Yoga students worldwide.

**Siddha Yoga Sadhana Retreat**  
**Meditate: Experience the Light of the Self**  
**At the Siddha Yoga Meditation Centre in Montreal**

Siddha Yoga Sadhana Retreats provide an environment for committed Siddha Yoga students to explore and strengthen their spiritual practice over the course of 6 days.

## Siddha Yoga Events

**Mahashivaratri** - On this night of Shiva, we honour God within us by chanting the great mantra of the Siddha Lineage, Om Namah Shivaya, which means, “I honour my own inner Self”. On this night each repetition is said to equal the merit of a thousand repetitions, magnifying the purification and blessings of the mantra to all who participate. **Friday, March 1st Satsang 8:00 PM to 9:30 PM** (the actual Lunar celebration Monday, March 4th)

**Swami Muktananda’s Birthday** - May is known as “Baba’s month” when we celebrate, joyously giving thanks for his gift of the Siddha Yoga path. We rejoice with two events:

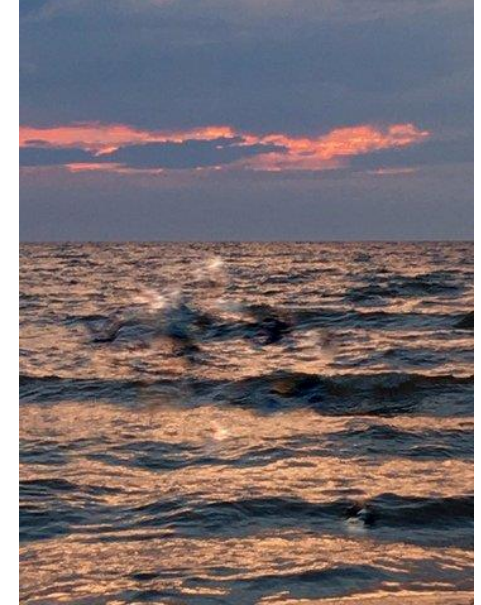
**A Celebration Satsang Friday, May 17th; 8:00 to 9:30 PM**  
- (the actual Lunar Birthday Saturday, May 18th)

**And The SIDDHA YOGA Audio Satsang in celebration of Baba Muktananda’s Birthday, Sunday May 26<sup>th</sup>; 1:00 to 3:30 PM At the TORONTO CENTRE** (registration required)

**Gurumayi Chidvilasananda’s Birthday** - As Siddha Yoga students we spend this day honouring our Guru, Gurumayi Chidvilasananda, head of the Siddha Yoga lineage. It is a day to celebrate the rare presence on earth of a living Guru – one who awakens the spiritual energy of a seeker and lovingly guides Siddha Yoga students in their spiritual practice. **The Celebration Satsang Friday, June 21<sup>st</sup> 8:00 to 9:30 PM** - (the actual day Monday, June 24<sup>th</sup>)

**Gurupurnima** - The full moon of the Guru; its luminous brilliance and perfect form are seen as expressions of the Guru’s gift of grace and the attainment of Self-realization. On this most auspicious day we offer our gratitude. **Friday July 12<sup>th</sup>; Satsang 8:00 to 9:30 PM** – (the actual Gurupurnima, Tuesday, July 16<sup>th</sup>)

**Baba Muktananda’s Lunar Mahasamadhi** – We honour Swami Muktananda’s Mahasamadhi – the final merging of a great being with supreme consciousness. This is a significant day in Siddha Yoga as we honour this great Siddha with joyful celebration and gratitude for his blessing of bringing Siddha Yoga Meditation to the world. We will celebrate on **Friday, October 4<sup>th</sup>; 8:00 to 9:30 PM** - (the actual lunar anniversary, Sunday, October 13<sup>th</sup>)



**Siddha Yoga Meditation Centre in Pickering**  
**764 Stonepath Circle, Pickering, Ontario**  
**L1V 3T1**  
**(905) 839-4693.**

**Canadian site: [www.siddhavoga.ca](http://www.siddhavoga.ca)**  
**Global Site: [www.siddhavoga.org](http://www.siddhavoga.org)**

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## January

Tue 1 Sweet Surprise® Satsang 2019 Webcast  
10:00 AM to 1:15 PM Approximately  
(registration required)  
AT THE TORONTO CENTRE  
Cohosted by the Pickering Centre

## February

Fri 15 Satsang  
8:00 – 9:30 PM

Fri 22 Satsang  
8:00 – 9:30 PM

Sun 24 *Shri Guru Gita*  
10:00 – 11:30 AM

## March

Fri 1 Mahashivaratri Celebration Satsang  
8:00 – 9:30 PM

Fri 8 Satsang  
8:00 – 9:30 PM

Fri 15 Satsang  
8:00 – 9:30 PM

Fri 22 Satsang  
8:00 – 9:30 PM

Fri 29 Satsang  
8:00 – 9:30 PM

Sun 31 *Shri Guru Gita*  
10:00 – 11:30 AM

## April

Fri 5 Satsang  
8:00 – 9:30 PM

Fri 12 Satsang  
8:00 – 9:30 PM

Fri 19 Satsang  
8:00 – 9:30 PM

Fri 26 Satsang  
8:00 – 9:30 PM

Sun 28 *Shri Guru Gita*  
10:00 – 11:30 AM

## May

Fri 3 Satsang  
8:00 – 9:30 PM

Fri 10 Satsang  
8:00 – 9:30 PM

Fri 17 Baba Muktananda's Lunar Birthday  
Celebration Satsang  
8:00 – 9:30 PM

Fri 24 Satsang  
8:00 – 9:30 PM

Sun 26 *Shri Guru Gita*  
10:00 – 11:30 AM

SIDDHA YOGA Audio Satsang in celebration  
of Baba Muktananda's Birthday  
1:00- 3:30 PM (registration required)  
AT THE TORONTO CENTRE  
Cohosted by the Pickering Centre

Fri 31 Satsang  
8:00 – 9:30 PM

## June

Fri 7 Satsang  
8:00 – 9:30 PM

Fri 14 Satsang  
8:00 – 9:30 PM

Fri 21 Gurumayi's  
Birthday Celebration Satsang  
8:00 - 9:30 PM

Fri 28 Satsang  
8:00 – 9:30 PM

Sun 30 *Shri Guru Gita*  
0:00 – 11:30 AM

## July

Fri 5 Satsang  
8:00 – 9:30 PM

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Siddha Yoga Meditation Centre in Montreal  
Siddha Yoga Sadhana Retreat  
Meditate: Experience the Light of the Self  
Mon July 8<sup>th</sup> to Sat July 13<sup>th</sup>

Fri 12 Gurupurnima Celebration Satsang  
8:00 – 9:30 PM

## September

Fri 6 Satsang  
8:00 – 9:30 PM

Fri 13 Satsang  
8:00 – 9:30 PM

Fri 20 Introduction to Siddha Yoga Meditation  
8:00 – 9:30 PM

Fri 27 Satsang  
8:00 – 9:30 PM

Sun 29 *Shri Guru Gita*  
10:00 – 11:30 AM

## October

Fri 4 Baba Muktananda's Lunar Mahasamadhi  
Celebration - 8:00 – 9:30 PM

Fri 11 Satsang: Preparation for the Shaktipat  
Intensive - 8:00 – 9:30 PM

Fri 18 Satsang  
8:00 – 9:30 PM

Sat 19 SIDDHA YOGA SHAKTIPAT INTENSIVE  
In Honour of Baba Muktananda's  
Mahasamadhi (registration required)  
AT THE TORONTO CENTRE  
Cohosted by the Pickering Centre

Fri 25 Satsang  
8:00 – 9:30 PM

Sun 27 *Shri Guru Gita*  
10:00 – 11:30 AM

## November

Fri 1 Satsang  
8:00 – 9:30 PM

Fri 8 Satsang  
8:00 – 9:30 PM

Fri 15 Satsang  
8:00 – 9:30 PM

Fri 22 Satsang: Home Study Course - 8:00 – 9:30 PM

Sun 24 *Shri Guru Gita*  
10:00 – 11:30 AM

Fri 29 Satsang  
8:00 – 9:30 PM

## December

Fri 6 Satsang  
8:00 – 9:30 PM

The Pickering Centre will be closed from  
Saturday, December 7<sup>th</sup> 2019 up to and including  
Thursday, February 13<sup>th</sup> 2020 and will reopen on  
Friday, February 14<sup>h</sup> 2020