

Welcome to the Siddha Yoga Meditation Centre in Toronto. Siddha Yoga Meditation is an ancient spiritual tradition passed on through a lineage of Self-realized masters known as Siddhas, or perfected ones. Swami Chidvilasananda, also known as Gurumayi, is the living head of this lineage. Siddha Yoga welcomes everyone with respect and love.

Regular Satsangs

Sunday mornings - 10:30 to 12:00 Noon apart from first Sunday of the month 11.30 to 1.00pm (Note: there will be no Regular Satsangs on Sunday, July 29th and Sunday, October 28th or where Meditation Sessions are listed).

Satsang means "the company of the Truth". These satsangs include the Siddha Yoga practices of chanting and meditation, as well as listening to the Guru's words through readings and recorded talks. Each satsang helps us to incorporate the teachings of Siddha Yoga in our daily lives.

Shri Guru Gita

First Sunday morning of each month, 9:30 to 11:00 AM and on Sunday October 28th 10:30 to 12:00 noon.

Shri Guru Gita is an ancient Sanskrit hymn describing the Guru-disciple relationship and its supreme role in the attainment of Self-realization. Called the one indispensable text of Siddha Yoga, Shri Guru Gita or "Song of the Guru" is chanted daily in Siddha Yoga ashrams, and regularly in centres and homes of Siddha Yoga students worldwide.

Monthly Meditation Sessions Via webcast

These sessions are on a Sunday morning where listed, a perfect way to engage with Gurumayi's Message for 2018. Registration required.

Family Satsangs

*Sundays where listed:
Time: 12:30 to 2:00 PM*

Family Satsangs are especially for young people and families. In this satsang Siddha Yogis of all ages do the practices and share their experiences together.

Siddha Yoga Events

Gurupurnima - The full moon of the Guru; its luminous brilliance and perfect form are seen as expressions of the Guru's gift of grace and the attainment of Self-realization. We offer our gratitude on *Friday, July 27th; 6:30 to 8:00 PM (the actual day)*

Bhagavan Nityananda's Punyatithi - This is the anniversary of the day Bhagavan Nityananda, Baba Muktananda's Guru, merged with divine consciousness. His spiritual merit is bestowed upon those who remember him on his Punyatithi. We will celebrate on *Sunday, August 5th; 11:30 to 1:00 PM*

Baba Muktananda's Divya Diksha - The day Swami Muktananda received divine initiation from his Guru. "The most auspicious of all auspicious days", *Sunday, August 19th; 10:30 to 12:00 Noon*

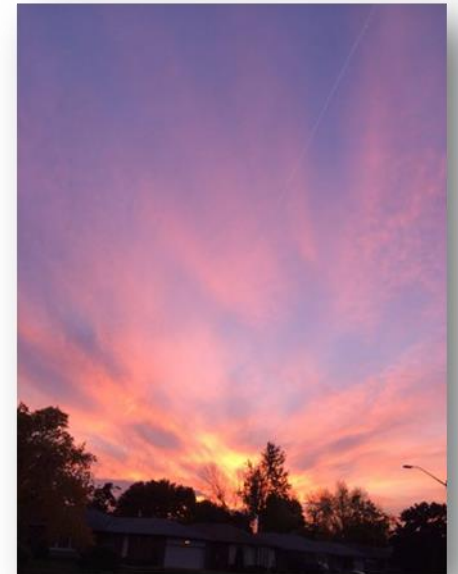
Baba Muktananda's Mahasamadhi - The final merging of a great being with the Absolute. On this day we honour this great Siddha with thanks for bringing Siddha Yoga Meditation to the world. *Sunday, September 30th; 10:30 to 12:00 Noon*

Canadian site: www.siddhayoga.ca
Global Site: www.siddhayoga.org

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Siddha Yoga Meditation Centre in Toronto

Calendar of Events July to December 2018



Siddha Yoga Meditation Centre in Toronto
2045 Dufferin Street, Suite #306
Toronto, On, M6E 3R4
(416) 536-3606

July

Sun 1	<i>Shri Guru Gita</i> 9:30 – 11:00 AM
Sun 8	Meditation Session V: 10:30 – 11:45 approx. Audio Webcast (registration required)
Sun 15	Satsang 10:30 – 12:00 Noon
Sun 22	Satsang 10:30 – 12:00 Noon
Fri 27	Gurupurnima Celebration Satsang 6:30 – 8:00 PM
Sun 29	No Satsang

August

Sun 5	<i>Shri Guru Gita</i> 9:30 – 11:00 AM Bade Baba's Punyatithi Celebration Satsang 11:30 – 1:00 PM
Sun 12	Baba Muktananda's Divya Diksha Celebration Satsang 10:30 – 12:00 Noon
Sun 19	Meditation Session VI: 10:30 – 11:45 approx. Audio Webcast (registration required)
Sun 26	Satsang 10:30 – 12:00 Noon

September

Sun 2	<i>Shri Guru Gita</i> 9:30 – 11:00 AM Satsang 11:30 – 1:00 PM
Sun 9	Satsang 10:30 – 12:00 Noon
Sun 16	Meditation Session VII: 10:30 – 11:45 approx. Audio Webcast (registration required)
Sun 23	Satsang 10:30 – 12:00 Noon Family Satsang 12:30 – 2:00 PM
Sun 30	Satsang 10:30 – 12:00 Noon

October

Sun 7	<i>Shri Guru Gita</i> 9:30 – 11:00 AM Baba Muktananda's Mahasamadhi Celebration Satsang 11:30 – 1:00 PM
Sun 14 Intensive	Satsang: Preparation for Shaktipat 10:30 – 12:00 Noon
Sun 21	Satsang 10:30 – 12:00 Noon Family Satsang 12:30 – 2:00 PM
Sat 27	GLOBAL SHAKTIPAT INTENSIVE in Honour of Baba Muktananda's Mahasamadhi (registration required)
Sun 28	<i>Shri Guru Gita</i> 10:30 – 12:00 Noon

November

Sun 4	<i>Shri Guru Gita</i> 9:30 – 11:00 AM Satsang 11:30 – 1:00 PM
Sun 11	Satsang: Reflection Satsang for the Shaktipat Intensive 10:30 – 12:00 Noon
Sun 18	Satsang 10:30 – 12:00 Noon
Sun 25	Satsang 10:30 – 12:00 Noon Family Satsang 12:30 – 2:00 PM

December

Sun 2 *Shri Guru Gita*
 9:30 – 11:00 AM

Satsang
 11:30 – 1:00 PM

Sun 9 *Satsang*
 10:30 – 12:00 Noon

Sun 16 *Satsang*
 10:30 – 12:00 Noon

The Toronto Centre will be closed from Monday, December 17th up to and including Monday, December 31st and will reopen on Tuesday, January 1st 2019 with A Sweet Surprise