

# Siddha Yoga Meditation Centre in Pickering

*January – December 2018*

**W**elcome to the Siddha Yoga Meditation Centre in Pickering. Siddha Yoga Meditation is an ancient spiritual tradition passed on through a lineage of Self-realized masters known as Siddhas, or perfected ones. Swami Chidvilasananda, also known as Gurumayi, is the living head of this lineage. Siddha Yoga welcomes everyone with respect and love.

## Regular Satsangs

### Satsang:

**Friday evenings, 8:00 to 9:30 PM**

Satsang means “the company of the Truth”. These Satsangs include the Siddha Yoga practice of chanting and meditation, as well as listening to the Guru’s words through readings and recorded talks. Each satsang helps us to incorporate the teachings of Siddha Yoga in our daily lives.

### Shri Guru Gita:

**Last Sunday morning each month, 10:00 to 11:30 AM**

*Shri Guru Gita* is an ancient Sanskrit hymn describing the Guru-disciple relationship and its supreme role in the attainment of Self-realization. Called the one indispensable text of Siddha Yoga, *Shri Guru Gita* or “*Song of the Guru*” is chanted daily in Siddha Yoga ashrams, and regularly in centres and homes of Siddha Yoga students worldwide.

## Siddha Yoga Events

**Mahashivaratri** - On this night of Shiva, we honour God within us by chanting the great mantra of the Siddha Lineage, Om Namah Shivaya, which means, “I honour my own inner Self”. On this night each repetition is said to equal the merit of a thousand repetitions, magnifying the purification and blessings of the mantra to all who participate. *Friday, February 9<sup>th</sup>; Satsang 8:00 PM to 9:30 PM (the actual Lunar celebration Tuesday February 13<sup>th</sup>)*

**Swami Muktananda’s Birthday** - May is known as “Baba’s month” when we celebrate, joyously giving thanks for his gift of the Siddha Yoga path. We rejoice with two events:

*A Celebration Satsang Friday, April 27<sup>th</sup>; 8:00 to 9:30 PM - (the actual Lunar Birthday Sunday April 29<sup>th</sup>)*

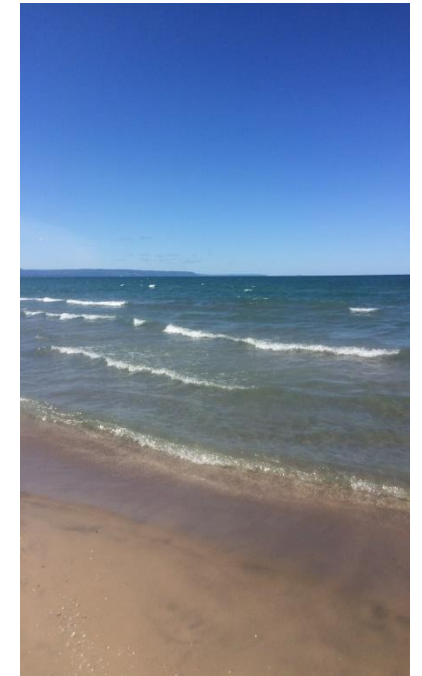
*And The Global SIDDHA YOGA Audio Satsang in celebration of Baba Muktananda’s Birthday, Sunday May 27<sup>th</sup>; 1:00 to 3:30 PM At the TORONTO CENTRE (registration required)*

**Gurumayi Chidvilasananda’s Birthday** - As Siddha Yoga students we spend this day honouring our Guru, Gurumayi Chidvilasananda, head of the Siddha Yoga lineage. It is a day to celebrate the rare presence on earth of a living Guru – one who awakens the spiritual energy of a seeker and lovingly guides Siddha Yoga students in their spiritual practice. *The Celebration Satsang Friday, June 22<sup>nd</sup>; 8:00 to 9:30 PM - (the actual day Sunday, June 24<sup>th</sup>)*

**Gurupurnima** - The full moon of the Guru; its luminous brilliance and perfect form are seen as expressions of the Guru’s gift of grace and the attainment of Self-realization. On this most auspicious day we offer our gratitude. *Friday July 20<sup>th</sup>; Satsang 8:00 to 9:30 PM – (the actual Gurupurnima, Friday, July 27<sup>th</sup>)*

### Baba Muktananda’s Lunar Mahasamadhi –

We honour Swami Muktananda’s Mahasamadhi – the final merging of a great being with supreme consciousness. This is a significant day in Siddha Yoga as we honour this great Siddha with joyful celebration and gratitude for his blessing of bringing Siddha Yoga Meditation to the world. We will celebrate on **Friday, October 5<sup>th</sup>; 8:00 to 9:30 PM** - (the actual lunar anniversary, Wednesday, October 24<sup>th</sup>)



**Siddha Yoga Meditation Centre in Pickering**  
764 Stonepath Circle, Pickering, Ontario  
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(905) 839-4693.

Canadian site: [www.siddhayoga.ca](http://www.siddhayoga.ca)  
Global Site: [www.siddhayoga.org](http://www.siddhayoga.org)

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## January

Mon 1 GLOBAL SIDDHA YOGA Audio Satsang for New Year's Day 2018 *A Sweet Surprise* 10:00 AM to 1:15 PM Approximately (registration required)  
**AT THE TORONTO CENTRE**  
Cohosted by the Pickering Centre

## February

Fri 9 Mahashivaratri Celebration Satsang 8:00 – 9:30 PM  
Fri 16 Satsang 8:00 – 9:30 PM  
Fri 23 Satsang 8:00 – 9:30 PM  
Sun 25 *Shri Guru Gita* 10:00 – 11:30 AM

## March

Fri 2 Satsang 8:00 – 9:30 PM  
Fri 9 Satsang 8:00 – 9:30 PM  
Fri 16 Satsang 8:00 – 9:30 PM  
Fri 23 Satsang 8:00 – 9:30 PM  
Sun 25 *Shri Guru Gita* 10:00 – 11:30 AM  
Fri 30 Satsang 8:00 – 9:30 PM

## April

Fri 6 Satsang 8:00 – 9:30 PM  
Fri 13 Satsang 8:00 – 9:30 PM  
Fri 20 Satsang 8:00 – 9:30 PM  
Fri 27 Baba Muktananda's Lunar Birthday Celebration Satsang 8:00 – 9:30 PM  
Sun 29 *Shri Guru Gita* 10:00 – 11:30 AM

## May

Fri 4 Satsang 8:00 – 9:30 PM  
Fri 11 Satsang 8:00 – 9:30 PM  
Fri 18 Satsang 8:00 – 9:30 PM  
Fri 25 Satsang 8:00 – 9:30 PM  
Sun 27 *Shri Guru Gita* 10:00 – 11:30 AM  
The Global SIDDHA YOGA Audio Satsang in celebration of Baba Muktananda's Birthday 1:00- 3:30 PM (registration required)  
**AT THE TORONTO CENTRE**  
Cohosted by the Pickering Centre

## June

Fri 1 Satsang 8:00 – 9:30 PM  
Fri 8 Satsang 8:00 – 9:30 PM  
Fri 15 Satsang 8:00 – 9:30 PM  
Fri 22 Gurumayi Chidvilasananda's Birthday Celebration Satsang 8:00 - 9:30 PM  
Sun 24 *Shri Guru Gita* 10:00 – 11:30 AM  
Fri 29 Satsang 8:00 – 9:30 PM

## July

Fri 6 Satsang 8:00 – 9:30 PM  
Fri 13 Satsang 8:00 – 9:30 PM  
Fri 20 Gurupurnima Celebration Satsang 8:00 – 9:30 PM

The Pickering Centre will be closed from Saturday July 21<sup>st</sup> up to and including Thursday, September 6<sup>th</sup> and will reopen on Friday, September 7<sup>th</sup>

## September

Fri 7 Satsang 8:00 – 9:30 PM  
Fri 14 Satsang 8:00 – 9:30 PM  
Fri 21 Satsang 8:00 – 9:30 PM  
Fri 28 Satsang 8:00 – 9:30 PM  
Sun 30 *Shri Guru Gita* 10:00 – 11:30 AM

## October

Fri 5 Baba Muktananda's Lunar Mahasamadhi Celebration - 8:00 – 9:30 PM  
Fri 12 Satsang: Preparation for the Shaktipat Intensive - 8:00 – 9:30 PM  
Fri 19 Satsang 8:00 – 9:30 PM  
Fri 26 Satsang 8:00 – 9:30 PM  
Sat 27 GLOBAL SHAKTIPAT INTENSIVE In Honour of Baba Muktananda's Mahasamadhi (registration required)  
**AT THE TORONTO CENTRE**  
Cohosted by the Pickering Centre  
Sun 28 *Shri Guru Gita* 10:00 – 11:30 AM

## November

Fri 2 Satsang 8:00 – 9:30 PM  
Fri 9 Satsang 8:00 – 9:30 PM  
Fri 16 Satsang 8:00 – 9:30 PM  
Fri 23 Satsang: Home Study Course - 8:00 – 9:30 PM  
Sun 25 *Shri Guru Gita* 10:00 – 11:30 AM  
Fri 30 Satsang 8:00 – 9:30 PM

## December

Fri 7 Satsang 8:00 – 9:30 PM

The Pickering Centre will be closed from Saturday, December 8<sup>th</sup> up to and including Thursday, February 14<sup>h</sup>. 2019 and will reopen on Friday, February 15<sup>th</sup> 2019